

Create Ripples

June 29 – July 1, 2012
Sandcrest Retreat Center
Wheeling, WV

Women lead. Women leaders tell us:

- We want to be in the company of women who are stepping out to be great leaders
- We want to share stories of how we bring our strengths and overcome our shortcomings
- We want to discover and celebrate how we manage our lives, work and passions
- We want to create ripples and be intentional about what we pass on and what stories we tell
- We want to reflect and be deep conversation...be in nature and be creative
- We want to build and be in community, learn together and gain new insights
- We want something more personal than a leadership seminar, more practical than a retreat into nature

Perhaps you too:

- Are at a place and time in your life where you are looking for something more than learning new leadership concepts and skills
- Need time and space to reflect and share and bring out your uniqueness as a woman leader so that you can boldly step into your own personal greatness
- Want to know how other women lead and manage – and integrate both to bring out *your* full potential
- Long to be inspired and seek to help other women learn from the path you blazed

We have taken up the challenge.

On **June 29 – July 1, 2012** at **Sandcrest Retreat Center**, we are hosting a select group of women leaders to **Create Ripples**. Our intention is to bring together professional women to engage in conversation and reflection, in learning and leadership skill-building, in sharing and committing to action. Please come for a few days away in a supportive and challenging environment, to refine, explore, and implement concrete ways of leading as a woman. We invite you to join with other women who create ripples by shaping their organization, community, family, and indeed, their own life; with women who are learners, leaders, artists, explorers, and implementers.

What you will experience:

- An innovative open space design to share distinctive practices and experiences as women leaders
- Facilitated conversations in small and large groups about powerful topics and questions that you bring and want to address as women leaders
- Individual reflection time coupled with guided embodiment practices such as meditation, dance, Yoga...you can use back at home and at work
- Time to create and reflect through poetry, writing, improvisation, and art to gain clarity about where you are and where you want to be
- Time in nature and time in community to elicit peer support and support networking and new insights
- Insights about how to create ripples in your own life and write your own future story
- Support to create joint or individual action following this time together

Who will attend:

We are inviting a diverse group of women from different cultures, organizations, walks of life, ages, and leadership positions -- from small business leaders to leaders inside organizations to service providers and leaders in community and family. You have been sent this invitation for a reason. Please plan to join us.

Logistics:

Date: June 29, 2012 at 3pm through July 1, 2012 at 1:30pm

Location: Sandcrest Retreat Center in Wheeling, WV. <http://sandcrest.com/pages/facilities.html>



Sandcrest is a retreat place set in 285 acres of rolling hills, with walking trails and a pond. We will be treated to gourmet meals by Chef Sarah Lydick, and will meet in a bright, intimate space with sun porch and great views. Accommodation is cozy and comfortable. We will have the entire space to ourselves.

Who we are:



Christiane Frischmuth, MA

Christiane is a team and leadership coach, facilitator and trainer with a passion for learning, personal growth and capacity building. She works all over the globe and is bringing many creative and nature based aspects to her clients.



Melissa Kelly-McCabe, MS, GPCC

Melissa is a strategist, executive story coach and dynamic public speaker. She assists leaders create clarity of strategy, cause positive and lasting change, and imprint their personal style on their business.

To Register:

This is an all-inclusive event – working sessions, lodging and gourmet meals are included in the price. All you have to do is get here! Please fax this filled-out sheet to 585-396-1255 or email your responses to Christiane Frischmuth (Christiane@gfconsulting.org) or Melissa Kelly-McCabe (mkmccabe@ClearIntentStrategy.com)

For registration received **prior to March 24, 2012, the all-inclusive fee is \$950** per person.

For registration received **after March 24, 2012, the all-inclusive fee is \$1,050** per person.

You will be invoiced for the full amount upon registration. Payment plans are available upon request. If you require more detailed information to submit to your accounting department, please let us know.

Name: _____ Email address: _____

Best phone number: _____ Company: _____

Street address: _____

<p>We are making investments and non-refundable down payments for the retreat space, materials and supplies. Please understand that we must pass along to you a cancellation policy. Please initial that you understand the cancellation policy. _____ (your initials)</p>	<p>Cancellation</p> <ul style="list-style-type: none"> • Prior to March 24 or if the event cancels due to too small group size: 100% refund • Between March 25 and April 30: 90% refund • Between May 1 and June 14: 75% refund • Between June 15 and June 29: 25% refund
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